Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education

Subject name: Theory of Physical Education 2 / OA9

Teacher/Teachers: Zoran Milošević, PhD

Subject status: Mandatory

ECTS credits: 4
Requirements: None

Subject aim

Understanding the conceptual-subject and methodological determinants of the theory of physical education; Understanding the conceptual forms (types) of physical education, sources, general and specific functions of physical education; Understanding the general and special conditions in developing and functioning of physical education, especially in the light of its authentic principles, but also the related scientific and theoretical thought, and practice of physical education in the national and European environment; Humanistic-valuable and scientific-dynamic orientation of the future teacher in comparison with the situation and perspectives of developing physical education.

Subject outcome

Training to valorise the general and specific determinants of physical education, especially those which refer to ontological (existing self), epistemological (cognitive) and axiological (value) nature of the holder of scientific and pedagogical work.

Subject content: Theory

Subject, tasks and importance of theory of physical education, Methodology in the theory of physical education, Sources of physical education (Biological, Psychological, Sociological, Physical), Needs, norms, and values of physical education, Functions of physical education – General culture, Functions of physical education – Specific, General marks and perspectives of development of physical education (humanistic direction, massive scale, scientific basis, complexity, dynamics), Forms of physical education (sport, game, gymnastics), Factors conditioning the state and development of physical education, Holders of physical education, European sport model, Development of the activities and the perspective of the European community in sport, Sport ethics, fairplay, sport rule, Physical education and sport in children and youth (school sport, university sport), Sport for all, sport of persons with disabilities, sport of the «third age», Violence, doping, and other social and pathological phenomena in sport.

Practice

The relation of theory and practice of physical education, Research on bio-psycho-social determinants of physical education; Needs, norms and values of physical culture – Essay "Why I love sport"; About the idea of beautiful in physical education; About the health function of physical education; Man in the focus of the principles of development of physical education; Forms of physical education – the unity of diversity; Law on Sport – staff in physical education; Local self-government as a holder of physical education development; EU and sport – Bosman case; Modern sport and ethics; Igent – sport game for both sexes; Life and sport activity of an athlete with disabilities; Doping – biological, psychological and social implications.

Literature

- 1) Živanović, N., Stanković, V., Ranđelović, N., Pavlović, P. (2010): Teorija fizičke kutlure, Fakultet sporta i fizičkog vaspitanja, Niš, MC5H 978-86-83811-17-5
- 2) Berković, L. (1989): Teorijske osnove fizičke kulture, Novi Sad, Fakultet fizičkog vaspitanja
- 3) Đurđević, N. (2004): Uloga lokalnih zajednica u oblasti sporta, Kragujevac, Pravni fakultet.
- 4) Simonović, Lj. (2001): Filozofski aspekti modernog olimpizma, Beograd, Lorka.

Number of active teaching classe	es Theory: 3		Practice: 1	
Teaching methods: Lectures, mid-term tests, consultations				
Knowledge assessment (maximum number of points is 100)				
Pre-exam requirements	points	Final exam		points
engagement in class activities	20	written exam	written exam	
practice	30	oral exam	oral exam	