

<b>Study programme:</b> Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education			
<b>Subject name:</b> PSYCHOLOGY OF SPORT			
<b>Teacher/Teachers:</b> Tatjana Tubić, PhD			
<b>Subject status:</b> Elective			
<b>ECTS credits:</b> 3			
<b>Requirements:</b> None			
<b>Subject aim</b> Subject aim is to ensure the application of psychological knowledge in the field of sport and physical education, with the respect of specificities arising from age, sex and other differences relevant for doing sport successfully and physical activity in general.			
<b>Subject outcome</b> After the completion of this course the students are expected to demonstrate adequate knowledge and understanding of the psychological factors affecting sports and physical activities, and the success of those activities.			
<b>Subject content</b> <i>Theory</i> Introduction in the issues of sport psychology: significance, subject and branches of psychology of sport; Ethics in sport psychology; Sport success factors; Approaches and research techniques in the context of physical activity; Personality of an athlete; Motivation of athletes; Ability and talents in sport; Training of psychological skills; Social psychology of sport; Psychological preparation of athletes; Psycho-biology of sports and exercises.			
<b>Literature</b> 1) Tubić, T. (2017). Psihologija i sport. Novi Sad: Fakultet sporta i fizičkog vaspitanja. 2) Cox, R. (2005). Psihologija sporta. Jastrebarsko: Naklada Slap. 3) Vesković, A. (2017). Psihologija sporta: odabrane teme. Beograd: Fakultet sporta i fizičkog vaspitanja.			
<b>Number of active teaching classes</b>	<b>Theory:</b> 2		<b>Practice:</b> 0
<b>Teaching methods</b> Lectures, mid-term tests, consultations			
<b>Knowledge assessment (maximum number of points is 100)</b>			
<b>Pre-exam requirements</b>	points	<b>Final exam</b>	points
engagement in class activities	20	written exam	
Practice		oral exam	10
term test(s)	50	other	10
seminar(s)	10		
The manner of knowledge evaluation may be different, those stated in the table are some of the options: (written exams, oral exams, project presentations, seminars, etc.....)			
*maximum length 1 page of A4 format			