

Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education			
Subject name: Theory of Physical Education 1 / OA5			
Teacher/Teachers: Zoran Milošević, PhD			
Subject status: Mandatory			
ECTS credits: 4			
Requirements: None			
Subject aim Acquiring knowledge on terms, subjects and methodological fundamentals of history of physical education; Understanding general principles of the development of society, culture, and physical education, especially their mutual relations; Developing the idea of the depth of historical heritage of general, national and regional PE history; Ability of valorising the past, present and especially the future achievements in physical education.			
Subject outcome Training on evaluation and valorisation of the past, present, and especially the future achievements in physical education, as a humanistic science, which originates from and results in human benefit.			
Subject content <i>Theory</i> Terminology defining physical education, Methodology of research in physical education, Term, subject, and task of the history of sport and physical education, Period of the first community, Period of slavery, Physical education in ancient civilisations, Mesopotamia, China, Japan, India, Egypt, Mexico, Peru, Crete, and Mycenae, Physical education in Ancient Greece, Sparta, Athens, Festive games – Olympic Games, Physical education in ancient Rome, at the times of the Empire, in the middle ages, Physical education among noblemen, servants, citizens, Physical education and the Renaissance period, in the new age, Philanthropism, Gymnasticssystems, Origin and development of modern sport disciplines, international sport organisations and renewal of the Olympic Games, Summer Olympic Games, Winter Olympic games, Baron Pierre de Coubertin, Paralympic Games, Universiade, Physical education in primary and secondary school in Serbia since 1830-1868 until 1868-1882, since 1882-1914, gymnasticsand sport organisations, Origin and development of modern sport and Olympic movement in Serbia, General Svetomir Đukić, Physical education in Vojvodina primary schools since 1914, Dr Đorđe Natošević, Aleksandar Demetrović, Tihomir Ostojić, Pavle Miljušević, Gligorije Mirković, Physical education in Vojvodina gymnasiums and higher schools for girls, Strengthening (gymnastic) organisations, Sport organisations, Olympism in Vojvodina, Kemenji Ferenc, Momčilo Tapavica. <i>Practice</i> Historical method (heuristics, critic, synthesis, and exposition); Primary sources in physical education – visit to the Museum; Mythology of ancient civilisations; Education, Poetry, Art, and Physical education in ancient period of Greece and Rome; Traditional religions (Orthodox, Catholic, Islam, Judaism)) and physical education; Gymnastics systems; Sport – from status, gender and racial discrimination to pluralism of national, economic and political interests; Pierre de Coubertin – from the founder to the disputed value of modern Olympism; Paralympic experiences; Traditional folk games in Serbia; General Svetomir Đukić; Dr Đorđe Natošević; Professional-pedagogical publications on physical exercises – education in the area of Vojvodina in 19 th and early 20 th century; Kemenji Ferenz.			
Literature 1) Berar, M. (2001): Istorija fizičke kulture, Novi Sad, Fakultet fizičke culture. 2) Berar, M., Milošević, Z. (2009): Školsko fizičko vaspitanje kod vojvodanskih Srba do 1914. godine, Fakultet sporta i fizičkog vaspitanja Novi Sad, Pedagoški fakultet Sombor, Grafoprodukt Novi Sad, str.321, ИСБН 978-86-83097-92-0 3) Milošević, Z., Berar, M. (2010): Đorđe Natošević – utemeljivač i reformator školskog fizičkog vaspitanja, Fakultet sporta i fizičkog vaspitanja, Novi Sad, 152 str., ИСБН 978-86-80231-69-3			
Number of active teaching classes	Theory: 3		Practice: 1
Teaching methods: Lectures, mid-term tests, consultations			
Knowledge assessment (maximum number of points is 100)			
Pre-exam requirements	points	Final exam	points
engagement in class activities	20	written exam	30
practice	30	oral exam	20
term test(s)		Test	