Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education

Subject name: FOOTBALL / OA12

Teacher/Teachers: Slavko Molnar, PhD

Subject status: Mandatory

ECTS credits: 4

Requirements: None

Subject aim

Purpose and aim of the subject are to familiarise the students with the fundamentals of football techniques and tactics and the rules, and make sure they learn them with the aim to apply them later in practice.

Subject outcome

Students who successfully realise all the subject tasks will be trained to identify and understand football official game rules, to know and understand the significance of the official rules of the game for training and developing the football activities, to train the football activities (technical and tactical elements and action units) from the aspect of applying all the relevant methodical principles, to know the basic individual, group and collective tactics of defence, attack and transition in football.

Subject content

Theory

History of football, Characteristics and selection in football, Football game rules, Periodisation of sport training in football, Planning and designing professional work in football, Tests for examining the motor abilities, Methodical principles and work methods, Technical preparation, Physical preparation, Tactical preparation, Theoretical preparation, Preparation and leading of a football team, Coach personality, Statistics in football and Law on Sport.

Practice

Game with two goalposts, Ball hits – by legs, Ball hits – by head, Specific ball hits, Accepting ball (with a foot, upper leg, lower leg), Accepting ball (with abdomen, chest and head), Leading the ball, Specific ball leading, Preparation for the mid-term test, Cheating (feinting), Techniques of ball overtake, Technique of goalkeeper,

Literature

- 1) Radosav, R. Molnar, S., Simić, M. (2003). Teorija i metodika fudbala. Novi Sad: Fakultet sporta i fizičkog vaspitanja.
- 2) Slavko, M., Radosav, R. (2016). Osnove fudbala. Novi Sad: Fakultet sporta i fizičkog vaspitanja
- 3) Joseph A. Luxbacher. (2012). Fudbal Koraci do uspeha. Beograd: Data Status

Number of active teaching classes	Theory: 2	Practice: 2	Practice: 2	
Teaching methods		·		
Lectures, mid-term tests, consultation	ıs			
Knowledge assessment (maximum	number of points	s is 100)		
Pre-exam requirements	points	Final exam	points	
engagement in class activities	10	written exam	40	
activities in the exercises	10	oral exam		
term test(s)	30	Test	10	