Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education

Subject name: SCHOOL PHYSICAL EDUCATION 1 / OA27

Teacher/Teachers: Višnja Đorđić, PhD

Subject status: Mandatory

ECTS credits: 4

Requirements: None

## **Subject aim**

Subject aim is to train students to have a critical attitude towards the theory and practice of physical education in the international context, and the planning and evaluation of quality physical education in the function of a proper development of pupils and preparation for life-long physical activities. Students will be trained for a reflexive practice, use of adequate information resources and further professional development.

## **Subject outcome**

Students who successfully realise all the subject tasks will be able to critically observe the objectives and tasks of physical education in primary/secondary school, its developmental benefits and importance for forming a health lifestyle, to describe and evaluate current concept of physical education in primary/secondary school, know relevant regulations (rulebooks, norms, etc.) regulating this field, to plan teaching focused on learning outcomes and realise various developmental, movement activities for pupils of primary/secondary school, to efficiently and safely identify the various needs of pupils in physical education and use relevant teaching strategies, methods and contents to respond to them, to plan and carry out the evaluation procedures and interpret the obtained results with the aim to improve the process of teaching/learning in physical education, to understand and appreciate the importance of continuous professional development, to know how to use adequate information resources.

# **Subject content**

#### Theory

Contemporary approaches to school physical education, Current situation of school physical education in our country and abroad, Perspectives of school physical education, Planning as an integral part of teaching, Types of planning, Planning focused on learning outcomes, Assessment in school physical education, Assessment of physical growth and physical abilities, Assessment of acquired motor skills, Assessment of educational outcomes in the affective and cognitive domains, Importance and possibility of further professional development.

### Practice

Application of theory knowledge in practice, Assistance to the teacher or partner work in carrying out teaching, Independent planning and realisation of teaching, reflexion of own practice, Learning about the organisation of life and work in school.

# Literature

1) Đorđić, V. (2014). Školsko fizičko vaspitanje. Novi Sad: Fakultet sporta i fizičkog vaspitanja.

Number of active teaching classes	Theory: 2	Practice: 1
Teaching methods		

Lectures, mid-term tests, consultations

# Knowledge assessment (maximum number of points is 100)

Pre-exam requirements	points	Final exam	points
engagement in class activities	10	written exam	50
practice - exercises	30	oral exam	
attendance	10	Test	