Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education

Subject name: SCHOOL PHYSICAL EDUCATION 2 / OA32

Teacher/Teachers: Višnja Đorđić, PhD

Subject status: Mandatory

ECTS credits: 4

Requirements: None

Subject aim

Subject aim is to train students for designing developmentally adequate and safe teaching contents and create encouraging environment for learning. Students will be trained for realising teaching in the best safe environment, to motivate different types of pupils, to have balance in using the competitive and cooperative activities and to meet various needs of pupils in teaching physical education.

Subject outcome

Students who successfully realise all the subject tasks will be able to explain the characteristics of growth and development in adolescence age,, the implications on physical education (selection of developmentally appropriate movement activities, methods and forms of work; safety; motivation, etc.), to ensure positive and encouraging environment for learning for all pupils, to select and use the most efficient disciplinary and motivational strategies, to have a balance in using the competitive and cooperative activities, to identify various needs of pupils/students in physical education, and to use the relevant teaching strategies, methods and contents to respond to them.

Subject content

Theory

Growth and development of children and the young, Characteristics of developmental periods and implications on physical education, Physical safety of pupils. Discipline in class, Motivation of pupils in physical education classes, Competition and cooperation in physical education classes, Individualisation of physical education teaching.

Practice

Application of theory in practice. Assistance to teachers or partner work in carrying out teaching. Independent planning and realisation of teaching, reflexion of own practice. Learning about the organisation of life and work in school.

Literature

1) Đorđić, V. (2014). Školsko fizičko vaspitanje. Novi Sad: Fakultet sporta i fizičkog vaspitanja.

Number of active teaching classes	Theory: 2	Practice: 1
Teaching methods		

Lectures, mid-term tests, consultations

Knowledge assessment (maximum number of points is 100)

Pre-exam requirements	points	Final exam	points
engagement in class activities	10	written exam	50
practice - exercises	30	oral exam	
attendance	10	Test	