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| Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education | | | |
| Subject name: FUTSAL / OAI9 | | | |
| Teacher/Teachers: Slavko Molnar, PhD | | | |
| Subject status: Elective | | | |
| ECTS credits: 5 | | | |
| Requirements: None | | | |
| Subject aim The intention and the aim of the subject is to familiarise students with the basic techniques and tactics of futsal and the game rules and to ensure they master them to further apply them in practice. | | | |
| Subject outcome Students who successfully realise all the subject tasks will be trained to understand official rules of futsal game, to know and understand the significance of the official rules of the game for training and developing the activities in futsal, to train the activities (technical and tactical elements and action units) in futsal from the aspect of applying all the relevant methodical principles, to know the basic individual, group and collective tactics of defence, attack and transition in futsal. | | | |
| Subject content <i>Theory</i> History of futsal, Characteristics and selection in futsal, Game rules, Periodisation of sport training in futsal, Planning and designing professional work in futsal, Tests for examining the motor abilities, Methodical principles and work methods, Technical preparation, Physical preparation, Tactical preparation, Theoretical preparation, Preparation and leading of the team, Coach personality, Statistics and Law on Sport. <i>Practice</i> Game with two goalposts, Ball hits – by legs, Ball hits – by head, Specific ball hits, Accepting ball (with a foot, upper leg), Accepting ball (with chest and head), Leading the ball, Specific ball leading, Preparation for the mid-term test, Cheating (feinting), Techniques of ball overtake, Technique of goalkeeper, Preparation for the mid-term test. | | | |
| Literature 1) Joksimović, A. (2008). Mali fudbal. Knjaževac. Gip Timok 2) Lozano J. (1995). Futbol Sala. Real Federacion Espanola de Futbol 3) Jose Venancio Lopez Hierro (2017). UEFA Futsal Coaching Manual. Geneve, Switzerland: Union des Associations Europeenes de Football | | | |
| Number of active teaching classes | | Theory: 2 | Practice: 1 |
| Teaching methods Lectures, mid-term tests, consultations | | | |
| Knowledge assessment (maximum number of points is 100) | | | |
| Pre-exam requirements | points | Final exam | points |
| engagement in class activities | 10 | written exam | 40 |
| activities in the exercises | 30 | oral exam | |
| term test(s) | 30 | test | 10 |