Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education

Subject name: COMMUNICATION SKILLS IN PHYSICAL EDUCATION / OAH1

Teacher/Teachers: Maja Batez, PhD

Subject status: Elective

ECTS credits: 5 **Requirements:** None

Subject aim

Subject aim is to enhance the teaching abilities i.e. characteristic behaviour while teaching by improving the direct communication with pupils, monitoring the changeable features of individuals for the purpose of optimal learning and improvement of teachers and pupils.

Subject outcome

Students who successfully realise all the subject tasks will be trained to define and demonstrate adequate forms of behaviour while teaching, to have a dialogue and to improve the instructions by using the changeable parameters of an individual, to identify the plan for improving the observation in class, to state when and where it is necessary to develop the teaching expertise, and to understand why the continuous learning is important.

Subject content

Theory

How to communicate, cooperation between the pupils and the teacher, Communication interactions between pupils and teachers, Changeable parameters of an individual, Behaviour in the class, teacher – pupil, Observing the presence of skills and self-reliance, Strategy for improving the communication in the class, Efficient and experienced teachers, good communicators, About experienced teachers, Activities for the improvement of communication skills, Rethinking, self-assessment, positive changes, Communication for learning and improving, Portfolios, communication skills, Continuous learning, Cooperation, move forward for the sake of better cooperation, Professionalism, Teaching protocols.

Literature

- 1) Garber, P.R. (2008). 50 Communication Activities, Icebreakers, and Exercise. HRD Press, Massachusetts
- 2) Effective Communication in Physical Education Programs. Study.com
- 3) Thomas, K.T., Lee, A.M., Thomas J.R. (2008). Physical education methods for elementary teachers. Human Kinetics

Number of active teaching classes	Theory: 2	Practice: 0		
Teaching methods				
Lectures, exercises, mid-term tests, consultations				
Knowledge assessment (maximum number of points is 100)				

Pre-exam requirements	points	Final exam	points
engagement in class activities	30	written exam	
Practice		oral exam	10
term test(s)	60		