

Study programme: Undergraduate Academic Studies / Bachelor with Honours in Sport and Physical Education			
Subject name: MODERN DANCE / OAI17			
Teacher/Teachers: Boris Popović, PhD			
Subject status: Elective			
ECTS credits: 4			
Requirements: None			
Subject aim			
To familiarise students with the basic terms in modern dance. Learning about various dance disciplines and styles of modern dance. Learning about the possibilities of transformation of anthropological dimensions of children and youth under the influence of modern dance. Application of modern dance contents in recreation and sport. Acquiring the basic moves and technical elements of classic ballet, jazz and modern dance, street dances. Practical training for independent realisation of modern dance contents for all ages with the ability of aesthetically and technically proper demonstration.			
Subject outcome			
Students who successfully realise all the subject tasks will be trained to know the origin and development of different dance disciplines and modern dance styles, to identify the place and the role of modern dances in the classes of physical education, recreation, and in everyday life of all age categories, to know well the significance of practical application of modern dance contents on the transformation of anthropological dimensions of children and youth, to independently realise the modern dance contents in teaching physical education, recreation and sport.			
Subject content			
<i>Theory</i>			
The origin and development of modern dance through history in the world and in Serbia. Application of modern dance in physical education, sport and recreation. Relations of modern dance and anthropological dimensions of a man (morphological characteristics, motorics, functional, cognitive ability, conative characteristics, sociological status, etc.) in all age groups. Modern dance competitions. Success factors in modern dance. Plan and programme of the work of a dance club. Tendencies of modern dance development in the world and in our country.			
<i>Practice</i>			
The basic technique and methods of training on elements of a classic ballet. Techniques of performing and methods of training on elements of jazz and contemporary dance. Demonstration of the basic styles of street dances. Techniques and methods of disco dancing and hip-hop. Physical preparation in modern dances.			
Literature			
<ol style="list-style-type: none"> 1) Nikiforova, A. (2005). Osnovi klasičnog baleta. Zavod za udžbenike. 2) Folks. Dž. (2008). Moderna tela. 3) Giordano, G. (1992). Jazz dance class. USA. Princeton Book Company. 4) Grin, J. (2010). Ples: Anatomija. Ata Status. 5) Franklin, E. (2004). Conditioning for Dance. USA: Human Kinetics. 6) Lanier, W. (2017). Hip-Hop dance. USA. North Star Editions. 			
Number of active teaching classes	Theory: 2		Practice: 3
Teaching methods			
Lectures, exercises, mid-term tests, consultations			
Knowledge assessment (maximum number of points is 100)			
Pre-exam requirements	points	Final exam	points
engagement in class activities	10	written exam	15
Practice		oral exam	
term test(s)	30	Test	15
lecture/exercise attendance	30		