

Study Programme: Elementary Teacher
Course Unit Title: Physical Education- natural forms of movement
Course Unit Code: U-4-1-1-0
Name of Lecturer(s): Josip Lepeš, Szabolcs Halasi
Type and Level of Studies: Undergraduate Studies (BA)
Course Status (compulsory/elective): Optional
Semester (winter/summer): Winter
Language of instruction: Hungarian
Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning
Number of ECTS Allocated: 1
Prerequisites: -
Course Aims: Acquiring knowledge and developing habits and attitudes that lead to: <ul style="list-style-type: none"> - conducting classes of physical education in pre-school institutions, - conducting classes of physical education for lower classes (1-4) of elementary school - planning of extra-curricular activities - conducting classes while using natural forms of movement for psycho-somatic activities and social development of children in preschool institutions and in lower classes of elementary school.
Learning Outcomes: Creating permanent habits for systematic exercise to provide good precondition for physical education in schools.
Syllabus: <i>Theory</i> None! <i>Practice</i> Developing habits and adopting natural forms of movement, shaping movements.
Required Reading: <i>Compulsory:</i> Arday, L. (2001): A testnevelés tanítása, Korona, Budapest. Oettinger, B. (2002): Funkcionális gimnasztika, Dialóg Campus, Budapest-Pécs. <i>Optional:</i> Farmosi, I. (2011): Mozgásfejlődés, Dialóg Campus, Budapest-Pécs. Kerezsi, E. (1971): Torna, Testnevelési Egyetem, Budapest. Lepes, J. & Halasi, Sz. (2013): A mozgásos játékok elméleti és gyakorlati alapjai, ÚE – MTTK, Szabadka.

Weekly Contact Hours: 1 (15)	Lectures: 0 (0)		Practical work: 1 (15)
Teaching Methods:			
Lecture, practice, presentation, discussion, presentation, pair and individual work, consultation.			
Knowledge Assessment (maximum of 100 points): 100			
Pre-exam obligations	points	Final exam	points
Active class participation		written exam	
Practical work	35	oral exam	
Preliminary exam(s)		Practical exam	65
Seminar(s)			
The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.			