

Course Unit Descriptor

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| Study Programme: Elementary Teacher | | | |
| Course Unit Title: Methods of Teaching Physical Education | | | |
| Course Unit Code: U-4-1-8-0 | | | |
| Name of Lecturer(s): Josip Lepeš, Szabolcs Halasi | | | |
| Type and Level of Studies: Undergraduate Studies (BA) | | | |
| Course Status (compulsory/elective): Compulsory | | | |
| Semester (winter/summer): Winter | | | |
| Language of instruction: Hungarian | | | |
| Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning | | | |
| Number of ECTS Allocated: 4 | | | |
| Prerequisites: Passed exam in Basics of Physical Education | | | |
| Course Aims: Acquisition of basic organizational and conceptual programming and preparation for classes of physical education. Learning about motor skills, especially those which are part of the program framework of teaching physical education at lower grades of elementary school. | | | |
| Learning Outcomes: By the end of the course, students will be able to use autonomously guides, various sources and handbooks for methodological and professional purposes, in order to organize correctly and appropriately classes in physical education at lower grades of elementary school. | | | |
| Syllabus: <i>Theory</i> Pedagogical-educational exercises in teaching physical education. Plan and program of teaching physical education. Tools of teaching – motor skills education. Motor skills, achievements and habits (general principles and methods of training). Analysis and elaboration of course program of physical education (course units and topics). Organizational features of work in teaching physical education. Characteristics and structure of pedagogical-educational process. Methods of teaching, methodological procedures and forms of work. <i>Practice</i> Forming a basis of knowledge in order to implement physical education in class at lower grades of elementary school. | | | |
| Required Reading: <i>Compulsory:</i> Király, T. (2001): A testnevelés tanítás módszertana tanítók részére, Dialóg Campus, Budapest-Pécs. Makszin, I. (2007): A testnevelés elmélete és módszertana, Dialóg Campus, Budapest-Pécs. Rétság, E. (2004): A testnevelés tantárgypedagógiája, Dialóg Campus, Budapest-Pécs. <i>Optional:</i> Kálmánné Bors, I. (2011): Tanítási vázlatok gyűjteménye, ELTE Eötvös Kiadó, Budapest. Крагујевић, Г. (2005): Теорија и методика физичког васпитања за учитеље и студенте учитељског факултета, Завод за издавање уџбеника, Београд. | | | |
| Weekly Contact Hours: 3(45) | | Lectures: 1 (15) | |
| Practical work: 2(30) | | | |
| Teaching Methods: Lecture, practice, work with mentors, discussion, individual work, consultation. | | | |
| Knowledge Assessment (maximum of 100 points): | | | |
| Pre-exam obligations | | points | Final exam |
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| Active class participation | 10 | Oral exam | 55 |
| Practical work | 15 | | |
| Fieldwork | | | |
| Seminar(s) | 20 | | |
| The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc. | | | |