

Study Programme: Master in Elementary Teacher
Course Unit Title: Methodology of Teaching Physical and Health Education
Course Unit Code: MU-4-2-4-0
Name of Lecturer(s): Josip Lepes, Szabolcs Halasi
Type and Level of Studies: Master Studies (MA)
Course Status (compulsory/elective): Elective- basic subject of the course
Semester (winter/summer): Summer
Language of instruction: Hungarian
Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning
Number of ECTS Allocated: 12
Prerequisites: -
Course Aims: Recognizing the possible connection between physical education and other subjects, especially in terms of "micro breaks" (for long-term static stress, sitting, writing). Students are expected to become familiar with methodics of different contents. Acquiring knowledge for involvement in different types of practical work.
Learning Outcomes: Students able to independently use professional-methodical sources – manuals and instructions in the planning process, selection of the content and in working methods, during monitoring and evaluating students' progress.
<p>Syllabus:</p> <p><i>Theory</i></p> <p>Introduction to general, theoretical, biological, socio-historical, pedagogical and psychological basis of physical culture. Building relevant knowledge about physical education for children aged 7 to 11 years. Forming professional attitude about the students role in fulfilling the aims and tasks of teaching physical education. Introduction to the basic bio-psycho-social characteristics of children from 7 to 11 years of age and their needs.</p> <p><i>Practice</i></p> <p>Learning about the goals, tasks and organizational forms of teaching physical education in I-IV grades of elementary school. Implementing methods, procedures, forms and contents of work. Elaboration and presentation of topics selected by the student and discussions.</p>
<p>Required Reading:</p> <p><i>Compulsory:</i></p> <p>Király, T. (2001): A testnevelés-tanítás módszertana tanítók részére, Budapest-Pécs: Dialog Campus Kiadó.</p> <p>Lepes, J. – Halasi, Sz. (2013): A mozgásos játékok elméleti és gyakorlati alapjai, ÚE-MTTK, Szabadka.</p> <p>Makszin, I.(2007): A testnevelés elmélete és módszertana, Dialóg Campus, Budapest-Pécs</p> <p>Rétsági, E. (2004): A testnevelés tantárgypedagógiája, Dialóg Campus, Budapest-Pécs.</p>

Optional:

Farmosi, I. – Gaál, S. (2007): Óvodások és kisiskolások testi és mozgásfejlődése, Dialóg Campus, Budapest-Pécs

Tihanyiné Hős, Á. (1999): A mozgás anatómiai és élettani alapjai, Budapest: Tanítóképző Főiskola.

Берар, М. (2002): Моторичке активности предшколског детета, Кикинда: Виша школа за образовање васпитача.

Крسمановић, Б. – Берковић, Ј. (1999): Теорија и методика физичког васпитања, Нови Сад: Универзитет у Новом Саду.

Reigl, M. (1997): Az iskolai testnevelés játéka, Budapest: Magyar Testnevelési Egyetem.

**Weekly Contact Hours: 7
(105)**

Lectures: 4 (60)

Practical work: 3(45)

Teaching Methods:

Lecture, practice, presentation, discussion, individual work, consultation.

Knowledge Assessment (maximum of 100 points): 100

Pre-exam obligations	points	Final exam	points
Active class participation	10	written exam	
Practical work	15	oral exam	50
Preliminary exam(s)			
Seminar(s)			
Project proposal	25		

The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.