

Study Programme: Master in Elementary Teacher
Course Unit Title: Kinesitherapy
Course Unit Code: MU-3-2-4-3
Name of Lecturer(s): Josip Lepes, Szabolcs Halasi
Type and Level of Studies: Master Studies (MA)
Course Status (compulsory/elective): Elective
Semester (winter/summer): Winter
Language of instruction: Hungarian
Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning
Number of ECTS Allocated: 4
Prerequisites: -
Course Aims: Getting to know how to recognize the physical deformities of children, as well as the possibilities of prevention. Acquiring knowledge about the possibilities of cooperation with pediatrician, specialists and parents.
Learning Outcomes: <p>Gaining basic knowledge about the prevention of unhealthy body positions and exercises to eliminate the already formed deformities of different body parts. Getting to know the possibilities of forming a collective of those children who have various disabilities.</p>
Syllabus: <i>Theory</i> <p>Causes of bad body position, types of body deformities. Anatomical and physiological change as a consequence of body disorders.</p> <i>Practice</i> <p>Methods for detecting body deformities. Organization of work with children who need corrective treatment.</p>
Required Reading: <i>Compulsory:</i> <p>Gárdos, M. – Mónus, A. (1991): Gyógytestnevelés, Budapest: Testnevelési Egyetem.</p> <p>Érdi Krausz, Zs. (2005): Mindenki gyógytestnevelése, Budapest: OKKER.</p> <i>Optional:</i> <p>Gedő, D. – Riegler, E. (1999): Labdás gyakorlatok a mozgásterápiában, Kecskemét: Tanítóképző Főiskola.</p> <p>Котуровић, Љ. – Јеричевић, Н. (1976): Корективна гимнастика, Београд: Спортска књига.</p> <p>Tihanyiné Hős, Á. (1999): A mozgás anatómiai és élettani alapjai, Budapest: Tanítóképző Főiskola.</p>

Tóth, J. (2000): A mozgásszervek védelme gyermekkorban, Budapest: Golden Book.			
Weekly Contact Hours: 2 (30)		Lectures: 1 (15)	Practical work: 1 (15)
Teaching Methods: Lecture, practice, presentation, discussion, individual work, consultation.			
Knowledge Assessment (maximum of 100 points): 100			
Pre-exam obligations	points	Final exam	points
Active class participation	10	written exam	
Practical work	15	oral exam	50
Preliminary exam(s)			
Seminar(s)			
Project proposal	25		
The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.			