

Study Programme: Master in Elementary Teacher
Course Unit Title: History of Physical Education
Course Unit Code: MU-3-2-4-4
Name of Lecturer(s): Josip Lepes, Szabolcs Halasi
Type and Level of Studies: Master Studies (MA)
Course Status (compulsory/elective): Elective
Semester (winter/summer): Winter
Language of instruction: Hungarian
Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning
Number of ECTS Allocated: 4
Prerequisites: -
Course Aims: Getting to know the history of physical culture, both in the country and in the world, with a special emphasis on getting to know the most important stages of development. Specific goals are: in-class physical education, formation and development of competitive sports.
Learning Outcomes: Getting to know the historical connection between physical education and sports. Based on the acquired knowledge students will be able to conduct researches and presentations from the history of physical culture.
Syllabus: <i>Theory</i> Development of physical culture. Physical culture in various periods of human development. The transition to the New Age and the physical culture of that period. History of the Olympic Games. Physical culture of the present. <i>Practice</i> Rules and customs of the competition in different periods of time.
Required Reading: <i>Compulsory:</i> Dallos, S. – Horváth, L. – Kun, L. (1999): A testkultúra történetének főbb csomópontjai, Tankönyv. Budapest: Testnevelési Főiskola. Lepeš, J. (2008): Fejezetek a testkultúra történetéből, Szabadka: Magyar Tannyelvű Tanítóképző Kar – Újvidék: Fórum. <i>Optional:</i> Јовановић, Б. (1955): Физичка култура кроз историју, Београд: Спортска књига. Јовановић, Б. (1962): Системи и систематизатори гимнастике, Београд: ВШФК & Спортска књига. Kun, L. (1997): Egyetemes testnevelés és sporttörténet, Tankönyv. Budapest: Testnevelési Főiskola.

Kun, L. (1998): A magyar testnevelés és sport története, Tankönyv. Budapest: Testnevelési Főiskola.			
Weekly Contact Hours: 2 (30)		Lectures: 1 (15)	Practical work: 1 (15)
Teaching Methods: Lecture, practice, presentation, discussion, individual work, consultation.			
Knowledge Assessment (maximum of 100 points): 100			
Pre-exam obligations	points	Final exam	points
Active class participation	10	written exam	
Practical work	15	oral exam	50
Preliminary exam(s)			
Seminar(s)			
Project proposal	25		
The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.			