Study Programme: Master in Elementary Teacher

Course Unit Title: Contemporary Methodology of Physical Education

Course Unit Code: MV-4-2-6-0

Name of Lecturer(s): Josip Lepes, Szabolcs Halasi

Type and Level of Studies: Master Studies (MA)

Course Status (compulsory/elective): Elective

Semester (winter/summer): Winter

Language of instruction: Hungarian

Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning

Number of ECTS Allocated: 12

Prerequisites: -

Course Aims: The overall goal is to provide the necessary knowledge and practical exercises in this field, practical work with children of preschool age, with a special emphasis on contemporary flows of methods of teaching physical education.

Learning Outcomes:

Student prepared to implement direct, independent work with children, capable for critical review of their own practice and evaluation of results. In practice - students should acquire knowledge and experience through their own work, and find ways of developing physical competences of pre-school children.

Syllabus:

Theory

The concept, subject and tasks of Physical Education. Methodological research and the initial development of physical education. Differentiated work. Methodological principles. Teaching facilities, equipment and teaching tools. Interdisciplinary and integral approach. Modern ways of planning. Innovative models of work. Modern tendencies in evaluation and self-evaluation. Modern ways of checking and recording. Methodology research.

Practice

Participation of students for implementing physical activities with children. Expanding the repertoire of exercises and procedures significant in the overall physical development of children. Equipment for carrying out physical exercise activities and preparing events with moving contents in a preschool institution. Orientational work plan on yearly, half-yearly, quarterly bases. Students will be trained to use appropriate exercises with appropriate physical development in order to raise the quality of movement activities and prevent physical deformities. This way, students will encourage and develop children's interest for physical exercises.

Required Reading:

Compulsory:

Farmosi, I. (2011): Mozgásfejlődés, Budapest-Pécs: Dialóg Campus.

Kunz, T. (1999): Pszichomotoros fejlesztés az óvodában, Pécs- Budapest: Dialóg Campus.

Lepeš, J. – Krsmanović, B. – Halasi, Sz. (2013): Az óvodai testnevelés módszertana, Szabadka: ÚE-MTTK.

Министарство просвете РС (1996): Основе програма предшколског васпитања и образовања деце три до седам година, стр. 13-22, и стр. 27-29, Београд: Просветни преглед.

Optional:

Dobay, B. (2005): Az óvodai testnevelés alapjai, Dunaszerdahely: Lilium Aurum.								
Lepeš, J. – Halasi, Sz. (2013): A mozgásos játékok elméleti és gyakorlati alapjai, Szabadka: ÚE – MTTK.								
Сабо. Е. (2011): Методика и теорија физичког васпитања предшколске деце, Нови Сад: ABM-Ekonomik.								
Weekly Contact Hours: 7 (95)		Lectures: 4 (60)		Practical work: 3 (45)				
						Teaching Methods:		
Lecture, practice, presentation, discussion, presentation, pair and individual work, consultation.								
Knowledge Assessment (maximum of 100 points):								
Pre-exam	points		Final exam		points			
obligations								
Active class								

Pre-exam	points	Final exam	points
obligations	points	rmai cxam	
Active class	10	written exam	
participation	10	written exam	
Practical work	10	oral exam	
Preliminary exam(s)		Practical exam	50
Seminar(s)			
Class plan	30		

The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.