

Study Programme: Master in Early Childhood Teacher
Course Unit Title: Methodology of Teaching Physical Education- Theory
Course Unit Code: MV-3-2-6-0
Name of Lecturer(s): Josip Lepes, Szabolcs Halasi
Type and Level of Studies: Master Studies (MA)
Course Status (compulsory/elective): Elective
Semester (winter/summer): Winter
Language of instruction: Hungarian
Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning
Number of ECTS Allocated: 4
Prerequisites: -
Course Aims: The overall goal is to provide necessary knowledge and practical exercises in this field, while working with children of preschool age, with a special emphasis on contemporary flows of methods of teaching physical education.
Learning Outcomes: Students of master studies trained to conduct direct, independent and creative work with children. Able for critical review of their own practice and evaluation of results in the context of the modern methodology of teaching physical education. Students able to monitor and apply new knowledge, as well as to assess and control the effects of their own work.
Syllabus: <i>Theory</i> Concept, subject and tasks of the Methodology of Physical Education. Differentiated work in teaching physical education. Methodological principles. Education and physical activity. Processes of motor development. Teaching facilities, equipment and tools required for teaching physical education. Interdisciplinary and integral approach. Modern ways of planning the process of teaching physical education. Innovative models of work, monitoring, evaluation and recording. Methodological research on the motor development of children of preschool age. <i>Practice</i> Participation of students in the physical activities of children. Expanding the repertoire of exercises and procedures significant in the overall physical development of children. Equipment for carrying out physical exercise activities and preparing events with moving contents in preschool institutions. Orientational work plan for yearly, half-yearly, quarterly periods. Students trained to use appropriate exercises with appropriate physical development in order to raise the quality of movement activities and to prevent physical deformities. This way, students will encourage and develop children's interest for physical exercises.
Required Reading: <i>Compulsory:</i> Farmosi, I. (2011): Mozgásfejlődés, Budapest-Pécs: Dialóg Campus. Kunz, T. (1999): Pszichomotoros fejlesztés az óvodában, Pécs- Budapest: Dialóg Campus. Lepeš, J. – Krsmanović, B. – Halasi, Sz. (2013): Az óvodai testnevelés módszertana, Szabadka: ÚE-MTTK.

Министарство просвете РС (1996): Основе програма предшколског васпитања и образовања деце три до седам година, стр. 13-22, и стр. 27-29, Београд: Просветни преглед.

Optional:

Dobay, B. (2005): Az óvodai testnevelés alapjai, Dunaszerdahely: Lilium Aurum.

Lepeš, J. – Halasi, Sz. (2013): A mozgásos játékok elméleti és gyakorlati alapjai, Szabadka: ÚE – MTTK.

Сабо. Е. (2011): Методика и теорија физичког васпитања предшколске деце, Нови Сад: АВМ-Ekonomik.

Weekly Contact Hours: 2 (30)	Lectures: 1 (15)	Practical work: 1 (15)
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Teaching Methods:

Lecture, practice, presentation, discussion, individual work, consultation. Using media and other innovative tools to meet the goals of the course.

Knowledge Assessment (maximum of 100 points):

Pre-exam obligations	points	Final exam	points
Active class participation	15	written exam	
Practical work	25	oral exam	45
Preliminary exam(s)			
Seminar(s)	15		

The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.