Study Programme: Elementary Teacher

Course Unit Title: Introduction into Children's Dances

Course Unit Code: U-4-2-2-5

Name of Lecturer(s): Josip Lepeš, Szabolcs Halasi

Type and Level of Studies: Undergraduate Studies (BA)

Course Status (compulsory/elective): elective

Semester (winter/summer): Winter Language of instruction: Hungarian

Mode of course unit delivery (face-to-face/distance learning): Face-to-face learning

Number of ECTS Allocated: 2

Prerequisites: -

Course Aims: Learning about children body deformities as well as about the prevention of these. Cooperation with pediatrician, specialists and the parents.

Learning Outcomes:

Prevention of wrong body posture, exercises in order to prevent or correct wrong body posture or deformities (backbone, toes), as well as limping. Adaptation of children with body deformities or mental handicap into the community.

Syllabus:

Theory

Casues and types of body. Anatomic and physiological changes caused by wrong body posture.

Practice

Methods for discovering body deformities. Organization in class in order to work with children who need special treatment.

Required Reading:

Compulsory:

Gárdos, M. – Mónus, A. (1991): Gyógytestnevelés, Testnevelési Egyetem, Budapest.

Érdi Krausz, Zs. (2005): Mindenki gyógytestnevelése, OKKER, Budapest.

Scripts written by the professor.

Optional:

Bencze Sándorné – Szászné Szikla, C. – Bacsó, L. (2005): Új lehetőségek a gyógytestnevelésben, Szarvas. Gedő, D. – Riegler, E. (1999): Labdás gyakorlatok a mozgásterápiában, Testnevelési Egyetem, Tanítóképző Főiskola, Kecskemét.

Tóth, J. (2000): A mozgásszervek védelme gyermekkorban, Golden Book, Budapest.

Котуровић, Љ. – Јеричевић, Н. (1983): Корективан гимнастика, НИП "Спортска књига", Београд.

Weekly Contact Hours: 2(30)

Lectures: 1 (15)

Practical work: 1 (15)

Teaching Methods:

Lecture, practice, discussion, consultation.

Knowledge Assessment (maximum of 100 points):

Pre-exam obligations	points	Final exam	points
Active class participation	15	practical exam	
Practical work	30	oral exam	35

Preliminary exam(s)	20		
Seminar(s)			
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The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.