

Course Unit Descriptor

<b>Study Programme:</b> Acting in Serbian Language; Acting in Hungarian Language			
<b>Course Unit Title:</b> Acrobatics 3			
<b>Course Unit Code:</b> AKR3			
<b>Name of Lecturer(s):</b> Tatjana Grujić			
<b>Type and Level of Studies:</b> Undergraduate academic			
<b>Course Status (compulsory/elective):</b> compulsory			
<b>Semester (winter/summer):</b> winter/summer			
<b>Language of instruction:</b> English			
<b>Mode of course unit delivery (face-to-face/distance learning):</b> face-to-face			
<b>Number of ECTS Allocated:</b> 3			
<b>Prerequisites:</b> None			
<b>Course Aims:</b> Physical and psychic preparation of a healthy, strong and consistent body. Introducing and developing a safe and consistent technique in complex physical skills with the flight phase. Training and use of more complex aerobic elements with a flight phase that can be applied in the acting task as a scene expression.			
<b>Learning Outcomes:</b> Students are trained to perform complex acrobatics elements with the flight phase and their use in individual scenic events, based on the presented and acquired course content. Applied acrobatics through dancing and acrobatic yoga. Expanding existing knowledge and skills.			
<b>Syllabus:</b> More complex body positions in acrobatic elements with the flight phase. Methodological introduction to more complex acrobatic exercises and movements with the flight phase. Transformation of one acrobatic movement in different situations. Biomechanical principles in acrobatic and yoga lifting.			
<b>Required Reading:</b> <b>Elements of Acro Yoga</b> by J. Nemer, L. Mittel Bonnie Argo, Asha Tyska McLaughlin and Kadri Kurgun, 2013			
<b>Weekly Contact Hours:</b> 2	<b>Lectures:</b> 2	<b>Practical work:</b> 0	
<b>Teaching Methods:</b> Group lectures with the use of supplementary teaching and video material.			
<b>Knowledge Assessment (maximum of 100 points):</b> 100			
<b>Pre-exam obligations</b>	points	<b>Final exam</b>	points
Active class participation	30	written exam	
Practical work		oral exam	
Preliminary exam(s)	30	practical exam	40
Seminar(s)			
The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.			