Course Unit Descriptor

Study Programme: Acting in Serbian Language; Acting in Hungarian Language

**Course Unit Title:** Acrobatics 1

Course Unit Code: AKR1

Name of Lecturer(s): Tatjana Grujić

Type and Level of Studies: Undergraduate academic studies

Course Status (compulsory/elective):compulsory

Semester (winter/summer):winter/summer

Language of instruction: English

Mode of course unit delivery (face-to-face/distance learning): face-to-face

Number of ECTS Allocated:3

Prerequisites: None

## **Course Aims:**

Physical and psychic preparation of a healthy, strong and consistent body. Introduction and development of safe and consistent techniques in physical skills. Training and use of the basic elements of acrobatics that can be applied in the acting task as a scene expression.

## **Learning Outcomes:**

Students are able to perform basic elements of acrobatics and use them in individual stage events, based on the presented and acquired course content. Improving all motor skills of students.

**Syllabus:** Basic positions and attitudes of the body in acrobatic elements. Methodological introduction with basic acrobatic exercises and acrobatic movements. Transformation of one acrobatic movement in different situations. Static and dynamic exercises in couples.

Required Reading: Movement Training for Actors (Performance Books) by Jackie Snow, 2013

Secret Acrobatic Drills by Mary Gentle, 2013

Anatomy of the Moving Body: A Basic Course in Bones, Muscles, and Joints by Theodore Dimon

WeeklyContact Hours:2	Lectures:2	Practical work:0
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## **Teaching Methods:**

Group lectures with the use of supplementary teaching and video material.

## Knowledge Assessment (maximum of 100 points):100

Pre-exam obligations	points	Final exam	points
Active class participation	30	written exam	
Practical work		oral exam	
Preliminary exam(s)	30	practical exam	40
Seminar(s)			

The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.