Course Unit Descriptor

Study Programme: Acting in Serbian Language; Acting in Hungarian Language

Course Unit Title: Acrobatics 2

Course Unit Code: AKR2

Name of Lecturer(s): Tatjana Grujić

Type and Level of Studies: Undergraduate academic studies

Course Status (compulsory/elective): compulsory

Semester (winter/summer): winter/summer

Language of instruction: English

Mode of course unit delivery (face-to-face/distance learning): face-to-face

Number of ECTS Allocated: 3

Prerequisites: None

Course Aims:

Physical and psychic preparation of a healthy, strong and consistent body. Introducing and developing a safe and consistent technique in complex physical skills. Training and use of more complex acrobatic elements that can be applied in the acting task as a stage expression.

Learning Outcomes:

Students are trained to perform more complex elements of acrobatics and use them in individual stage events, based on the presented and acquired content of the course. Applied acrobatics through dance and stage fights. Expanding existing knowledge and skills.

Syllabus:

More complex body positions in acrobatic elements. Methodological introduction to more complex acrobatic exercises and movements. Transformation of one acrobatic movement in different situations. Biomechanical principles in acrobatic and dance lifting.

Required Reading: Yoga Anatomy-2nd Edition by Leslie Kaminoff, 2012

Pilates Anatomy by Rael Isacowitz, 2011

WeeklyContact Hours: 2 Lectures: 2 Practical work: 0

Teaching Methods:

Group lectures with the use of supplementary teaching and video material.

Knowledge Assessment (maximum of 100 points):100

Pre-exam obligations	points	Final exam	points
Active class	30	written exam	
participation			
Practical work		oral exam	
Preliminary exam(s)	30	practical exam	40
Seminar(s)			

The methods of knowledge assessment may differ; the table presents only some of the options: written exam, oral exam, project presentation, seminars, etc.